



I.R.C.C.S. Ospedale  
Galeazzi - Sant'Ambrogio  
Gruppo San Donato



**28 NOVEMBER 2025**

**MILANO - AUDITORIUM FONDAZIONE TRIULZA**

# **THE VALUE OF LABORATORY MEDICINE FOR ATHLETES AND FOR SPORT PHYSICIANS**

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Organizing Committee

Chiara Di Resta  
Giovanni Lombardi  
Isabel Pagani  
Laura Pandolfi  
Rossella Tomaiuolo

*Meeting in person and in streaming*

**MIND**  
MILANO INNOVATION DISTRICT

# PROGRAM

## 9.00 Introduction

Fabrizio Grillo (Federated Innovation, President)  
Daniel Di Mattia (FMSI, Italian Federation of  
Sports Medicine Physicians)  
Marco Riva (CONI, Olympic Regional Committee)

*Moderator Giuseppe Banfi*

Scientific Director of IRCCS Galeazzi S.Ambrogio,  
Scientific Ambassador of MIND

## 9.20 The Laboratory Medicine and sports, research and development

Cristina Barreca, Roche Diagnostics

## 9.50 The role of troponins in sport medicine

Mario Plebani, European Federation of Laboratory Medicine, President  
*Discussants: Daniele Andreini, University of Milano  
and IRCCS Galeazzi S.Ambrogio,  
Josh Ewens, West Ham United, UK*

## 10.20 NTproBNP in athletes

Alberto Dolci, University of Milano  
*Discussant: Matteo Acquati, Olimpia Basket Milano*

## 10.50-11.20 Coffee break

## 11.20 Metabolic bone markers in athletes

Giovanni Lombardi, IRCCS Galeazzi S.Ambrogio, Italy,  
and University of Poznan, Poland  
*Discussants: Jin Cheng, Bobsleigh Team of P.R. of China  
Davide Tornese, Italian Federation of Ice Sports*

## 11.50 Markers of mild traumatic injury in athletes

Vincent Sapin, University of Clermont Auvergne, France  
*Discussants: Mario Sturla, World Boxing Council  
Chiara Di Resta, University Vita e Salute San Raffaele*

## 12.20 The monitoring of diabetic athlete

Rafaele Castol, Team Type one sport physician,  
Mexico City  
*Discussant: Roberto Codella, University of Milano*

## 12.50 Conclusion



Organizing Secretariat  
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