



I.R.C.C.S. Ospedale
Galeazzi - Sant'Ambrogio
Gruppo San Donato



28 NOVEMBER 2025

MILANO - AUDITORIUM FONDAZIONE TRIULZA

THE VALUE OF LABORATORY MEDICINE FOR ATHLETES AND FOR SPORT PHYSICIANS

In person and in streaming

Under the auspices of

EFLM
EUROPEAN FEDERATION OF CLINICAL CHEMISTRY
AND LABORATORY MEDICINE


F.I.M.S.I. FEDERAZIONE MEDICO
SPORTIVA ITALIANA
COMITATO REGIONALE
LOMBARDIA

SIBioC
Medicina di Laboratorio ETS


SIPMeL
Società Italiana di Patologia Medica
e Medicina di Laboratorio

YESMILANO


CONI
COMITATO REGIONALE
LOMBARDIA

**federated
innovation**
MIND

*Progetto sponsorizzato da
Roche Diagnostics S.p.A.*

Roche

SPEAKERS & DISCUSSANTS

Matteo Acquati Olimpia Basket Milano

Ildiko Amann-Zalan Head of Roche Diagnostics Solutions Research & Development

Daniele Andreini University of Milano and IRCCS Galeazzi S. Ambrogio

Giuseppe Banfi Scientific Director of IRCCS Galeazzi S. Ambrogio, Scientific Ambassador of MIND

Rafaele Castol Team Type one sport physician, Mexico City

Roberto Codella University of Milano

Daniel Di Mattia FMSI, Italian Federation of Sports Medicine Physicians

Chiara Di Resta University Vita e Salute San Raffaele

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Fabrizio Grillo Federated Innovation, President

Giovanni Lombardi IRCCS Galeazzi S. Ambrogio, Italy, and Poznan University of Physical Education, Poland

Mario Plebani European Federation of Laboratory Medicine, President

Marco Riva CONI, Olympic Regional Committee

Vincent Sapin University of Clermont Auvergne, France

Mario Sturla World Boxing Council

Davide Tornese Italian Federation of Ice Sports

Jincheng Xu Chinese Winter Sports Admin Centre, China

ORGANIZING COMMITTEE

Chiara Di Resta
Giovanni Lombardi
Isabel Pagani
Laura Pandolfi
Rossella Tomaiuolo

PROGRAM

28 NOV

9.00 Introduction

Fabrizio Grillo, Federated Innovation, President
Daniel Di Mattia, FMSI, Italian Federation of Sports Medicine Physicians
Marco Riva, CONI, Olympic Regional Committee

Moderator: Giuseppe Banfi

9.20 The Laboratory Medicine and sports, research and development

Ildiko Amann-Zalan

9.50 The role of troponins in sport medicine

Mario Plebani

Discussants: Daniele Andreini, Josh Ewens

10.20 NTproBNP in athletes

Alberto Dolci

Discussant: Matteo Acquati

10.50-11.20 Coffee break

11.20 Metabolic bone markers in athletes

Giovanni Lombardi

Discussants: Jincheng Xu, Davide Tornese

11.50 Markers of mild traumatic injury in athletes

Vincent Sapin

Discussants: Mario Sturla, Chiara Di Resta

12.20 The monitoring of diabetic athlete

Rafaele Castol

Discussant: Roberto Codella

12.50 Conclusion

GENERAL INFO

REGISTRATION FEE

€ 30,00 + 22% VAT = € 36,60

The registration fee includes Coffee Break and certificate of attendance.

Cancellations will be accepted by the organizing secretariat strictly within (and no further than) 15 days before the event, entitling the registrant to a 50% reimbursement of the paid fee.

Although no reimbursements will be processed further to the cancellation deadline, registration may be turned over to another attendee, provided the name is communicated in advance to the organising secretariat.

To make your online registration, please access the following link:
<https://ems.mzevents.it/start/2465/eng>

CONFERENCE VENUE

Auditorium Fondazione Triulza – Milano

COME ARRIVARE

MEZZI PUBBLICI Stazione Rho Fiera Milano – Metropolitana linea 1 (rossa) – M1 e Ferrovie / Passante Ferroviario

Metropolitana: M1 RHO FIERA: dopo i tornelli della metropolitana svoltare a destra in direzione Stazione Ferroviaria Rho Fiera. Treno: Passante S5 per Varese/S6 per Novara/S11 per Rho/Treni regionali e RegioExpress:- Milano – Porto Ceresio, Milano – Luino, Milano – Arona – Domodossola – fermata Rho Fiera.

IN AUTO

- Parcheggio a pagamento attiguo al Pronto Soccorso del nuovo Ospedale Galeazzi Sant'Ambrogio all'interno dell'Area Mind in Via Cristina Belgioioso nr.173 a Milano (ingresso Cargo 8) con circa 350 posti auto disponibili (P1 con 243 posti, sia in superficie che sotterranei – P2 con 75 posti in superficie). Via Cristina Belgioioso, 173 – Google Maps
- Parcheggio a pagamento della Stazione FS Rho Fiera (Via Risorgimento, 88, 20017 Rho).
- Ingresso dentro MIND Milano Innovation District con il proprio mezzo: solo previa autorizzazione in accordo con Fondazione Triulza. seguire le indicazioni Cargo 6 MIND Google Maps. Aperto 24H.



ORGANISING SECRETARIAT

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